



## THE LATEST FROM AGRICULTURE & NATURAL RESOURCES RCE OF CAPE MAY COUNTY

### The Latest from Cape May Ag

RUTGERS  
New Jersey Agricultural  
Experiment Station  
Cooperative Extension

"GARDEN & GROW" WORKSHOP SERIES

#### Culinary & Medicinal Uses Of Garden Herbs

Wednesday, March 22, 2023

6:30 p.m. to 8:00 p.m.



Rutgers Cooperative Extension  
355 Court House - South Dennis Road  
Cape May Court House, NJ 08210

Presenters:  
Norma Lindbloom-Cruz, Certified Herbalist  
Jen Sawyer Caraballo, ANR County Program Associate for  
Commercial Agriculture, Cape May County

Participants will learn...

To identify garden herbs using their common & Latin names  
Traditional culinary uses of the presented herbs  
The medicinal uses of the herbs displayed

Cost \$5, snacks and drinks provided.

Registration required at: <https://go.rutgers.edu/em0akdn>



Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners.  
Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.

Wednesday, March 22nd - 6.30pm  
Culinary & Medicinal uses of Garden Herbs  
[Click here to Register](#)

### PESTICIDE TOOLS

Pest management resources compliments of the  
Central Jersey Vegetable Growers Meeting  
Scan the QR Code to review resources

RUTGERS  
New Jersey Agricultural  
Experiment Station

Central Jersey Vegetable Growers Meeting  
February 24, 2023

Pesticide Safety & Compliance Tools  
for New Jersey Vegetable Growers –  
Pat Hastings; [pdh@rutgers.edu](mailto:pdh@rutgers.edu); 848-932-0176



Slides



Resource Guide

### EVENTS

- March 14, 16, 18 [Estate and Retirement Planning for Women Farmers and their Families](#). Online
- March 16, 21, 23, 28 The DEP will host [four webinars targeted stakeholder sessions for natural and working land](#) that will focus on carbon capture and sequestration efforts. Topics include; Aquatic Habitats, Tidal Wetlands, and Non-Tidal Wetlands \* Developed Lands \* Agricultural Lands \* Forested Lands
- March 18 [You Can Garden in a Small Space](#), Penn State Master Gardener Sharon Sowers will talk about down-sized gardens. Whether growing food or flowers outside your window or patio, today's homes are designed with smaller acreage.
- March 20 - 29 [Free training for your Spanish-speaking workers](#). University of Connecticut's Plant Science Department are offering free online training in Spanish—and only in Spanish! There are eight sessions, running March 20 – 29.
- March 21 [The Four Phases of Feeding the Dairy Goat Kid](#) presentation will teach attendees prepartum nutrition of the doe, colostrum/nursing phase, weaning phase, and post-weaning phase. Learn the importance of how each can impact the health, growth, and quality of the kids you raise.
- March 23 [Innovative AgriSolar Design](#), a Roundtable with Helical Solar/Bozeman Greenbuild, Sun Agri, Hyperion, Sandbox Solar, Solargik, RUTE Agrivoltaics, and Soliculture
- March 23 Pre-Season Farm Labor Meetings at Cumberland County Extension at 7pm. The NJ Department of Labor, DEP Pesticide Control Program, and NJFB will discuss new EPA Worker Protection Standards. For additional information contact: **Ben Casella \* NJ Farm Bureau \* 609-393-7163**
- March 29 [Know Your Natives: Container Gardens](#) continues with the theme of growing native plants in your home gardens, and we don't want to exclude the person who lives in a patio home or has only a balcony area for growing plants.
- March 30 [Regenerative Grazing in the Mid-Atlantic](#). Brent Wills researcher, President of VA Assoc. for Biological Farming (VABF), and owner of Bramble Hollow Farm, where he practices livestock rotation and soil health techniques.
- March 30 Pre-Season Farm Labor Meetings at Atlantic County Extension at 7pm. For additional information contact: **Ben Casella \* NJ Farm Bureau \* 609-393-7163**
- April 1 [Home Gardening Series: Creating Healthy Garden Soil](#) will teach you how to improve your soil health which will improve the health of the plants in your landscape.
- April 13 [Living on a Few Acres: Food Preservation](#) learn about canning, freezing, and drying, which are all great ways to enjoy seasonal foods all year. While these home food preservation methods have existed for centuries, we've learned a lot about the science behind these practices in recent years.

Contact us:  
Claudia Gil Arroyo  
Agriculture and Natural  
Resources Agent III

[capemayag@njaes.rutgers.edu](mailto:capemayag@njaes.rutgers.edu)  
(609) 465 5115 Ext. 3602

355 Court House – South  
Dennis Rd.  
Cape May Court House,  
NJ 08210  
Mon – Fri 8:30AM – 4:30PM

If you no longer wish to be part of our mailing list, please email us at [capemayag@njaes.rutgers.edu](mailto:capemayag@njaes.rutgers.edu)



## THE LATEST FROM AGRICULTURE & NATURAL RESOURCES RCE OF CAPE MAY COUNTY

### GRANTS

[Farm Credit Ag Enhancement Grants](#) award grants from \$500 to \$10,000 to help organizations promote awareness and strengthen agriculture, commercial fishing, and forest products in the six NE states, NY, and NJ. Cutoff date is April 1, 2023.

USDA's Natural Resources Conservation Service (NRCS) works with conservation partners through [Conservation Innovation Grants \(CIG\)](#) to address our nation's water quality, air quality, soil health and wildlife habitat challenges with creative problem solving and innovation, all while improving agricultural operations. [A webinar for CIG applicants is scheduled for March 15, 2023, at 2:00pm EST.](#) Individuals, local and state governments, and non-governmental organizations are eligible to apply through May 7, 2023

[USDA Seeking Applications to Expand Conservation Assistance to Underserved Producers](#) expand conservation assistance to underserved producers and communities. Also provide opportunities for students to pursue careers in agriculture, natural resources, and related sciences.

### RESOURCES

[2023 Good Food Bucks Partner Application](#) for farmers and markets is now open through City Green. Any SNAP authorized farmer, farmer's market, farm stand, mobile market or CSA program based in NJ is eligible to apply. Due March 20

[Help PA stop Hipath Avian Influenza spread. Sanitize vehicle tires, boots.](#) Positive flock detections in Lancaster, PA, and circulation of the virus in wild birds, remember to wash farm machinery and farm truck vehicle tires and implement cleaning.

[NJDEP Bureau of Water Allocation and Well Permitting Workshops Held.](#) NJ DEP held workshops the past two weeks to assist farmers with Agricultural Water Certifications/Registrations who needed 5-year renewals. Farmers with certifications expiring in 2023 were invited by NJDEP to attend the scheduled workshops. Valuable information is still available.

[Rutgers Soil Testing Laboratory adds Sulfur to Soil Fertility Analysis.](#) Plant-available sulfur (sulfate) values have been added to Rutgers Soil Test. There are four interpretive categories: Low, Medium-low, Sufficient, and High.

Fish & Wildlife's [Sedge Island Natural Resource Education Center](#) is offering two overnight programs this summer for students interested in exploring the salt marsh through hands-on activities.

[USDA Reminds Farmers, Ranchers and Forest Managers of Approaching Deadline for Prospective Customer Survey.](#) Survey available through March 31, 2023. Share your anonymous feedback with USDA by taking a nationwide survey.

[USDA tells the stories of women in agriculture for Women's History Month.](#) A time to commemorate the impact women have had on our society. This year's theme of "Women Who Tell Our Stories"

[NJ DEPARTMENT OF AGRICULTURE PLACES ALL COUNTIES IN SPOTTED LANTERNFLY QUARANTINE ZONE](#)  
New Jersey Secretary of Agriculture Douglas Fisher announced the Department has placed an additional eight counties in the spotted lanternfly quarantine zone. Every county in the state is now part of the zone. One of the primary purposes of the quarantine is to bring attention to residents and business owners to check all materials and vehicles for the spotted lanternfly or its egg masses before moving goods or traveling.

Take the [free online Hunter Education course](#) now to prepare for live-fire range sessions beginning in March. All students MUST complete the free online course and attend a live-fire range session to pass the Hunter Education Program. Hunter Education Certification of Completion is required to purchase a NJ Hunting License.

### FACT SHEETS

[E374: Emerging Diseases of Hemp in New Jersey](#)

[FS1349: Marine Plants & Insights Into Global Seagrass Issues with a New Jersey Focus](#)

### ENVIRONMENTAL STEWARD NEWS



[Mosses, lichens, and algae; carbon sequestering superpower](#)  
"Mosses, Lichens and Algae; Carbon Sequestering Superpower!" Treasures Everywhere, by NJ Gateway Chapter VP, Sara Maher  
[njgateway.wildones.org](http://njgateway.wildones.org)

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