



April 2, 2025

Contact us: Claudia Gil Arroyo Agriculture and Natural Resources Agent III

capemayag@njaes.rutgers.edu (609) 465 5115 Ext. 3602

355 Court House – South Dennis Rd. Cape May Court House, NJ 08210 Mon – Fri 8:30AM – 4:30PM

#### **RCE EVENTS**

#### Eat What You Grow Series 2025

#### Upcoming Seasonal Sessions - Choice of Day or Evening

Spring - April 9, 6:30 to 8pm or April 17, 1 to 2:30pm Summer - June 11, 6:30 to 8pm or June 12, 1 to 2:30pm Fall - October 15, 6:30 to 8pm or October 16, 1 to 2:30pm



#### Eat What You Grow: Spring Session

April 9, 2025 \* 6:30 to 8pm \* \$10 April 17, 2025 \* 1 to 2:30pm \* \$10

Presenters: Anneliese Kuemmerle, MS, RDN, FCHS Program Associate II Jen Sawyer Caraballo, ANR Program Associate II

#### Participants will learn about

ed starting, greens & root vegetables, how to shop at farm markets/ ands, benefits of eating seasonally, preserving spring harvests, and couraging kids to eat what they grow!

Plus, get hands-on experience sowing tomato seeds to take home with recipe idea cards.

Classes take place at Rutgers Cooperative Extension of Cape May County 355 Court House - South Dennis Road, CMCH, NJ 08210

Register for April 9 class at: https://go.rutgers.edu/2ndjz63h



Register for April 17 class at: https://go.rutgers.edu/8w6qqg4w

ounty Employees who attend this class will earn 10 Wellness Incentive Points!

Agencies:Rutgers, The State University of New Jessey, U.S. Department of Agriculture, and Boards of County Commissioners, Rutgers Cooper

2025 Garden and Grow Workshop Series

RUTGERS UNIVERSITY
Cooperative Extension
of Cape May County
New Jersey Agricultural Experiment Station

#### **Rain Barrels & Water Conservation**



Friday, April 25 6:00 pm - 8:00 pm

Lockwood 4-H Youth Center 355 Court House - South Dennis Road Cape May Court House, NJ 08210



Presenter: Courtney Lacombe AmeriCorps NJ Watershed Ambassador, Watershed Management Area 16

Rain barrels can help protect our atersheds by reducing runoff, conserving water, and controlling pollution.

#### articipants will learn...

- How to build a rain barrel including construction, installation, & maintenance
- Build their own rain barrel to take home



Cost: \$5, no barrel, register at: https://go.rutgers.edu/3i8fsceu

Questions: Call 609-465-5115, ext. 3607 or Email capemayag@njaes.rutgers.edu

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Click Here to Build a Rain Barrel to Take Home!

Click Here to Just Take the Class

Start Your Gardens 2025

#### **Vegetable Gardening Series**

### "Planting and Plant Care"

Session 3 of the 4 Part Series



April 16, 2025 6:30 - 8:00pm

Rutgers Cooperative Extension of Cape May County 355 Court House-South Dennis Road, CMCH, NJ 08210

Participants will learn:

- Succession Planting
- Companion Planting
- · Plant Care (Watering, Fertilizing, Staking, Pests & Diseases)

Class open to all skill levels.

Cost: \$10

Register at: https://go.rutgers.edu/aafaj7q5



For information, call 609-465-5115, ext. 3607 or email capemayag@njaes.rutgers.edu

Cooperative Extension of Cape May County



Cooperating Agencies: Rutgen, The State Deliverally of New Jersey, U.S. Department of Agriculture, and Shanish of County Commissioners.



GOT GARDEN QUESTIONS? Call the Cape May County Horticulture Helpline (609) 465 5115 Ext. 3653





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#### **OTHER EVENTS**

7, 14, 21 Apr Starting a Native Plant Nursery. 12:30 PM. Fee: \$30.00 8 Apr About - Exploring the Small Farm Dream. 6:00 PM. Fee: \$50 8 Apr Five Tips for Managing Cash Flow at Your Farm Business. 12:00 PM. Free webinar Forest Farming: Ramps Research Update. 12:00 PM. Free webinar. 10 Apr 15 Apr Vineyard Sprayer Best Practices: Expert Forum Discussion. 12:00 PM. Free webinar 22 Apr Food for Profit: Pricing Your Proteins. 12:30 PM. Free webinar 23 Apr Heat Illness Prevention for the Hispanic Workforce (Spanish). 12:00 PM. Free webinar. 24 Apr Building Your Best Business Plan. 12:00 PM. Fee: \$20.00 13 May Small Business Success: Essential Tips for Summer Recordkeeping. 12:00 PM, Free Juice and Wine Laboratory Analysis. 9:00 AM - 5:00 PM. Fee: \$150 20 – 21 May Boosting Financial Wellness: Money and Nutrition. 12:00 PM. Free webinar 20 May 27 May Tips for Effectively Managing Teens at Your Farm Business. 12:00 PM. Free webinar 10 Jun Constructing a Personal Budget Sheet as a Farm Owner. 12:00 PM. Free webinar

Living on a Few Acres: Permaculture and Cut Flower Production. 6:00 PM. Fee: \$5.00

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#### **NEWS**

- The Rutgers Agrivoltaics Program launches a new website
- Untreated Seed Pilot Program (USPP) Fall 2024 Fall 2025
- Resistance-breaking Tomato Spotted Wilt Virus present in tomato in New Jersey

#### **PLANT & PEST ADVISORY**

- Landscape, Ornamentals, Nursery, and Turf Pest Notes
- Vegetable Crop IPM update
- Tree Fruit IPM Report

12 Jun





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### **GARDENING TIP**By Jen Sawyer Caraballo

There is still time to start some seeds indoors! And it is time to start clearing out any debris from last year's garden. Rake up leaves and non-diseased plant material for the compost. Direct sow cool season vegetables such as lettuces and radish. Start getting some summer flowering bulbs in the ground. Don't forget to do a soil test if it has been more than 3 years or your plants are just doing well no matter what you add or grow



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### **RESOURCES**

- Farmer Resource Guides
- · Adding cover crops into integrated weed management programs
- Guidelines For Developing Pollinator- Friendly Utility-scale Solar Projects
- Mental Health Awareness & Suicide Prevention
- Update on Right to Repair
- Farm labor report: Labor challenges persist
- Creating an Inclusive Agritourism Experience
- Goats Help Prevent Grassland Loss to Invasive Trees ATTRA Sustainable Agriculture
- Long-term Study Shows Plants Adapt Genetically to Organic Farming ATTRA Sustainable Agriculture
- Online Tool Will Help Small Farmers Assess Economics of Leafy Greens ATTRA Sustainable Agriculture
- Pricing Agritourism Events and Experiences
- Effective Pricing Methods for Produce at Farmers Markets
- Farmer Guide to Fertilizing with Urine
- 10 Questions to Ask Before Committing to a Farmers' Market





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#### **FUNDING OPPORTUNITIES**

- Healthy Food Financing Initiative- Food Access and Retail Expansion Fund: Proposals should contribute to food access through the availability of an assortment of Staple and Perishable Foods for retail sale, either directly or as part of the retail supply chain. Funding Inquiry Form deadline: March 3 for grants, loans and technical assistance are accepted on a rolling basis.
- Northeast Dairy Business Innovation Dairy Co-Packing Grant: Application is open until April 10 at 2pm. This grant supports existing licensed dairy processors and dairy brands in the Northeast engaged in or planning to use co-packing arrangements. Grants will range from \$15,000 to \$150,000
- Food Safety Certification for Specialty Crops
   Program. Provides financial assistance for
   specialty crop operations that incur eligible on farm food safety program expenses related to
   obtaining or renewing a food safety
   certification.

#### **Recycling Dates** NOT ACCEPTABLE SALEM COUNTY MONMOUTH COUNTY ATLANTIC COUNTY HELENA CHEMICAL RUTGERS FRUIT AND ORNAMENTAL HELENA CHEMICAL 440 N. MAIN ST., RESEARCH EXTENSION CENTER 66 ROUTE 206 (NORTH OF WOODSTOWN, NJ **THE ROUTE 30/206** 283 ROUTE 539 4/18/25 CREAM RIDGE, NJ INTERSECTION) 5/23/25 4/25/25 6/20/25 4/11/25 5/30/25 6/27/25 5/16/25 REDUCE. REUSE. RECYCLE

### MARKETING TIP By Claudia Gil Arroyo

Using social media to market your farm has many advantages, one of them is the opportunity to have direct contact with your customers and potential customers.

Take advantage of the direct message features on your social media accounts to gain new customers and increase loyalty to your business. Answer questions and take care of issues through direct message, studies say that over 70% of users will move on to another business if their messages have no reply. So don't forget to check those inboxes! And make sure you reply to all messages even if it's to say you need a little more time to answer a question or address an issue.



#### **FACTSHEETS**

- E259: Deer and Elk Farming
- E296: Agricultural Management Practices for Commercial Equine Operations
- E376: Beech Leaf Disease & Experimental Management Options
- FS886: Ostrich, Emu, and Rhea Production
- FS1081: To Blanket or Not to Blanket?
- FS1118: Rain Barrels Part II: Installation and Use
- FS1126: Jersey Summer Shore Safety: Expired Marine Flares
- FS1142: Winter Care for Horses
- FS1143: Winter Feeding for Horses
- FS1216: Cyanobacteria (Blue-Green Algae) in Waterway
- FS1320: Eastern Copperheads in New Jersey (Rutgers NJAES)
- FS1359: Soil Health: Purpose and Management
- FS1362: Senior Farmers' Market Nutrition Program: How to Apply for Benefits & Tips for Healthy Eating (Rutgers NJAES)
- FS1917: Llamas and Alpacas.

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