

# CAPE MAY COUNTY 4-H



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@Cape\_May\_4H



## Newsletter

**NOW  
PUBLISHED  
TWICE  
A MONTH!**



# B. J. Webersinn Memorial One-Time Scholarship Opportunity at Lindley G. Cook 4-H Camp \$500 Scholarship

**OPEN TO CAPE MAY COUNTY 4-H MEMBERS IN GRADES 3RD-10TH. FILL OUT AN APPLICATION AND SUBMIT IT BY APRIL 1, 2026. ONE SCHOLARSHIP WILL BE AWARDED.**

**SPEND A WEEK THIS SUMMER AT LINDLEY G. COOK CAMP IN BRANCHVILLE, NJ MAKING MEMORIES THAT WILL LAST A LIFETIME.**

**CONTACT THE 4-H OFFICE FOR MORE INFORMATION  
609-465-5115 EXT. 3605**





RUTGERS UNIVERSITY  
 Cooperative Extension  
 of Cape May County  
 New Jersey Agricultural Experiment Station

# B. J. Webersinn Memorial One-Time Scholarship Opportunity



at Lindley G. Cook Camp



Name:

Grade:

Club:

Years in 4-H:

Why do you want to attend 4-H summer camp?

Why do you continue to stay involved in the Cape May County 4-H Program?

Name a special or favorite memory from this 4-H year. Why did you select this memory?

What have you planned or accomplished for community service and do you have any ideas for future community service projects?

Have you done a public presentation this year?

Are you currently working on a 4-H record book?

APPLICATION DUE APRIL 1





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of Cape May County**  
New Jersey Agricultural Experiment Station



*Did you know?  
4-H is free!*



# JOIN 4-H

**Science Rocks**  
exploring science  
all grades  
3rd Sunday



**Little Critters**  
rabbits & small animals  
grades K-8th  
2nd Sunday



**Growing Sprouts**  
gardening, nature, crafts  
grades K-3rd  
4th Monday



**Get Your Brick On**  
LEGO Club  
1st grade and up  
1st & 3rd Thursday

**Teen Ambassadors**  
Leadership and  
Personal Development  
8th grade and up  
4th Thursday

**Clover Kids**  
nature, crafts, animals  
grades K-3rd  
2nd Sunday

**Scales & Tails**  
reptile club  
all grades  
1st & 3rd Friday



*visit our 4-H  
website to see full  
list of clubs*

**Rutgers Cooperative Extension Office**  
355 Court House - South Dennis Rd  
Cape May Court House, NJ 08210  
phone: 609-465-5115, ext. 3605



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 New Jersey Agricultural Experiment Station



Cape May County

# 4-H Community Service Day April 11, 2026

1 p.m. – 3 p.m.

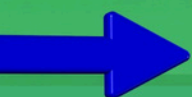
Wildwood Convention  
 Center Native Plant Beds  
 Jobs: weeding and  
 clean-up

OR

10 a.m. – 12 p.m.

Historic Cold Spring  
 Village  
 Jobs: Planting  
 flowers and clean-up

To sign-up for either location email Natalie at  
[natalie.taylor@capemaycountynj.gov](mailto:natalie.taylor@capemaycountynj.gov)



bring gloves, wear comfortable clothes and shoes.

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.



**REGISTER NOW**

<https://forms.gle/YtGiJm8QYuhffkJv5>



# Cape Shore Explorers

**Saturday, April 25, 2026  
10:00 am - 2:00 pm**



## Program Details

- Learn about local waterway animal species
- Explore Cape May County bay coastline
- Discover careers
- Meet scientists

**Open to the public, grades 5th-7th**

### What to Bring:

- Packed lunch & water bottle
- Comfortable boots
- Your best curiosity!

**Questions? Contact Donna Griebau, 4-H Program Associate at (609)465-5115, ext. 3617**

### Location:

Rutgers Cape Shore Laboratory,  
297 South Delsea Drive, Cape May Court House, NJ 08210



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**RUTGERS UNIVERSITY  
Haskin Shellfish  
Research Laboratory**  
New Jersey Agricultural Experiment Station

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer.

Cape May 4H Fairgrounds



# The Cape May Renaissance Faire

ALL NEW! May 2-3rd, 2026



Please join us for a weekend of medieval fun, fantasy, music, crafts, food and drink! Try your hand at archery or watch a show! Come as you are, or as you want to be!

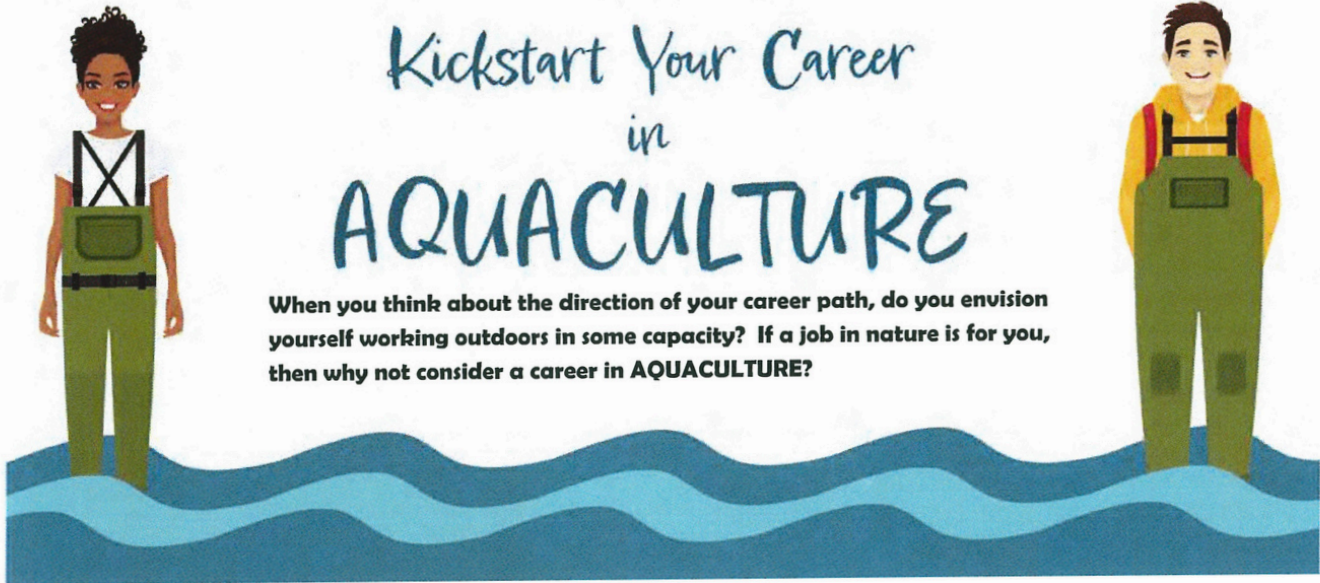


Join the Fun! Ren Faire is Hiring!

Follow the link below for more info

[Cape May Ren Faire](#)





Aquaculture is an expanding field worldwide that provides many opportunities for hands-on outdoors employment. If you are interested in the environment or marine life, aquaculture offers competitive salaries with opportunities to develop and own your own business. Lucrative seasonal and part-time work may also be available to supplement other employment income or earn money while attending high school or college.

The **Apprenticeship in Shellfish Aquaculture Program (ASAP)** is a new initiative that offers high school students (age 16+) an opportunity to learn about aquaculture and literally get their feet wet through a 1-week, hands-on "boot camp". Students will then work on a shellfish farm for 8-weeks over the summer to earn a stipend.



2024 ASAP participants learn how to use oyster and hard clam grow-out gear from local farmers in the Delaware Bay, NJ.

### Who should participate in the program?

- Students who want to learn about shellfish aquaculture
- Students who want to pursue careers in aquaculture
- Students who enjoy working outdoors
- Students who like to work with their hands and with tools and machinery
- Students interested in seeking seasonal employment
- Students who are college-bound and interested in marine or environmental science, aquaculture and agriculture



**ASAP is offered through a partnership between New Jersey Sea Grant Consortium and Rutgers University. Participating student apprentices will:**

1. Attend a 1-hour virtual introduction meeting to review the program needs/requirements and meet fellow apprentices.
2. Attend a week-long “boot-camp” in person from June 25, 26, 29, 30 and July 1 in summer 2026 at the Rutgers University Haskin Shellfish Research Laboratory's Cape Shore facility in Cape May Court House, NJ. Camp will be held daily from approx. 9 am-4 pm and will consist of both in-class and field experiences. (Lunch and snacks will be provided. Need-based transportation may be provided).
3. Complete an 8-week apprenticeship. Students will be placed on commercial oyster farms or organizations conducting aquaculture research.
4. Attend bi-weekly virtual team meetings to connect with fellow apprentices and receive guidance through professional development activities.
5. Earn a Shellfish Farming Practice Certificate and a stipend.



2022 ASAP participant, Brian, is cleaning off oyster bags on a farm in Delaware Bay.

Filling out a short application is necessary to be considered for participation. Applications are accessible using the QR code below and are due by Friday, March 27, 2026 by 5:00 p.m.

Please contact Diana Burich with any questions.

Diana Burich  
Director of Education  
New Jersey Sea Grant Consortium  
[dburich@njseagrant.org](mailto:dburich@njseagrant.org)



This publication is the result of work sponsored by New Jersey Sea Grant with funds from the National Oceanic and Atmospheric Administration (NOAA) Office of Sea Grant, U.S. Department of Commerce, under NOAA grant #NOAA-OAR-SG-2023-2007550, Special Projects "D" and the New Jersey Sea Grant Consortium. The statements, findings, conclusions, and recommendations are those of the author(s) and do not necessarily reflect the views of New Jersey Sea Grant or the U. S. Department of Commerce. NJSJG-22-983





## 2026 NJ STATE 4-HEQUINE ART SHOW CONTEST INFORMATION&REGISTRATION PACKET

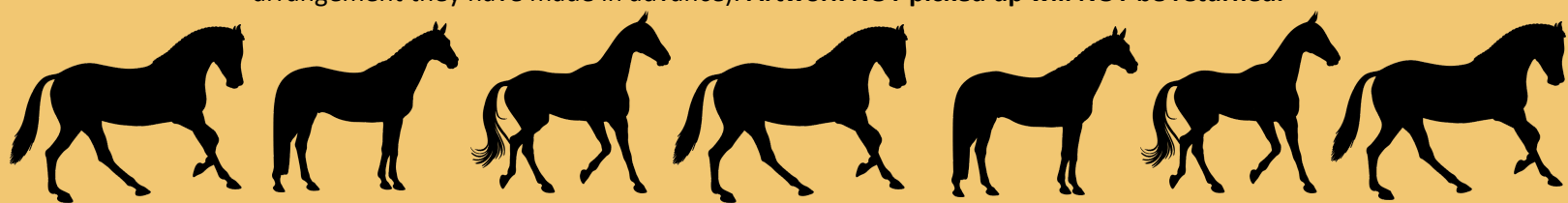
<b>WHEN:</b>	Saturday, March 14, 2026
<b>WHERE:</b>	Cooperative Extension of Mercer County 1440 Parkside Avenue, Ewing, NJ 08638
<b>START TIME:</b>	Contest registration begins at 9:00 a.m. Contest starts at 10:00 a.m.
<b>DEADLINE:</b>	February 27, 2026
<b>ENTRY FEES:</b>	\$2 per entry up to 6 items; \$20 for unlimited entries (up to 3 entries per class permitted)
<b>PAYMENT:</b>	Checks should be made payable to NJ 4-H HORSE PROGRAM MAIL TO: RCE of Gloucester County, Attn: Equine Art Show, 254 County House Rd, Clarksboro, NJ 08020.
<b>QUESTIONS:</b>	Brittany Rigg, <a href="mailto:rigg@njaes.rutgers.edu">rigg@njaes.rutgers.edu</a> or (856)224-8040 x3

### ***General Information:***

1. Artwork and photographs must be the original work of the entrant and follow a horse theme. The work must have been completed during the current 4-H year (since Sept. 1, 2025).
2. Contestants may submit up to three entries per category. Each entry must have a separate entry form when submitted to be accepted. The entry form must be secured to the back of each entry.
3. Artwork must be fully completed and dry when submitted.
4. The NJ 4-H Horse Program respectfully requires the permission of the artists to reproduce their entries in future promotional publications or articles that advertise the winners, promote future contests, or 4-H equine activities.

### ***Eligibility:***

1. Contestants must be 4-H members who are currently enrolled in the NJ 4-H program in grades K-13.
2. Age divisions are as follows: Cloverbud (Grades K-3), Jr (Grades 4-8), Sr (Grades 9-13)
3. Awards for 1st- 6th place for each category/age division; Junior and Senior Best in Show; Cloverbuds will receive participation awards only.
4. A maximum of 4 entries per individual, per class will be accepted.
5. **Entries that do not comply with contest and/or class specifications will be disqualified.**
6. ALL artwork must be picked up at the conclusion of the show (by the contestant, or through an arrangement they have made in advance). **Artwork NOT picked up will NOT be returned.**





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4-H Youth Development  
New Jersey Agricultural Experiment Station



# CLOVER LEGO® CHALLENGE

PRESENTED BY THE OCEAN COUNTY 4-H S.T.E.M CLUB

**SUNDAY, MARCH 22, 2026**  
**12:30PM - 3:30PM**

**Ocean County Agriculture Building**  
**1623 Whitesville Rd.**  
**Toms River, NJ 08755**

## Schedule:

*\*Times may vary*

**12:30pm Registration & Welcome Activity**

**1:00pm LEGO® build begins**

**1:30pm Cloverbud Judging**

**2:00pm Junior Judging**

**2:30pm Senior Judging**

*\*Special Appearance by LEGO*

*Master Contestant, Corey Samuels!\**



<https://tinyurl.com/4HLEGO2026>

*Any youth, whether they are in 4-H or not, is welcome to participate*

**\$20.00 per participant**

**(\$10 per additional participant within the same household)**

Registration is due by March 3. Cash, Check, or Zelle

Written to: *Ocean County 4-H Association*

Zelle to: *Ocean4H@co.ocean.nj.us*



**Participants are encouraged to bring a non  
perishable item for the Ocean County Food Pantry**



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 New Jersey Agricultural Experiment Station



The 11th Annual  
 Fun and Entertaining



# **4-H Animal Science**

## **Video Contest/Film Festival**

### **Saturday, March 28, 2026**

The Film Festival will be held in the Round House at the Rutgers Cook Campus Farm as an afternoon session of the Junior Animal Science Symposium. To participate in the film festival, you must register for the Junior Animal Science Symposium. Registration for the symposium will be available at <http://nj4h.rutgers.edu/animals> in early 2026 (approx. Feb. 1).

To enter your video in the contest, **REGISTER ONLINE** by **Feb. 23**. You will then receive a link to use to upload your video and media release form(s). For more information, see <http://nj4h.rutgers.edu/animals/film-festival> or contact Chad Ripberger, County 4-H Agent, [ripberger@njaes.rutgers.edu](mailto:ripberger@njaes.rutgers.edu) or 609-989-6830.

**2**

**Entries must:**

1. be educational – must educate the audience on some aspect of **alpacas, cats, cattle (beef/dairy), dogs, goats, herpetology, horses, llamas, poultry, rabbits, sheep, small animals, swine.**
2. be **3:30 minutes or less (1-point deduction per second over 3:30).**
3. be uploaded by the end of the day, **March 2.**
4. be the original work of **youth** in grades 4-13.
5. be created from October 2025 - March 2026.
6. include the names of all youth responsible for the creation of the video (credits – names and roles).



Scan to Register

- ✓ The youth of the top scoring videos will receive awards at the film festival on March 28 at the Junior Animal Science Symposium.
- ✓ Videos will be scored on educational value, creativity, clarity, pacing, and technical quality – 20 points each, 100 total. See the video contest website for a description of the [judging criteria](#). A [tip sheet](#) and [winning videos](#) from prior years are also on the website.





# 2026 RUTGERS JUNIOR ANIMAL SCIENCE SYMPOSIUM

## HANDS-ON WORKSHOPS IN THE FOLLOWING FIELDS:

- Equine
- Small Ruminant
  - *Sheep and Goat*
- Large Ruminant
  - *Dairy and Beef*
- Canine
- Poultry
- Beekeeping
- Rabbit & Cavy (*Guinea Pig*)
- Marine Life
- Animal Science Careers
- Barn and Farm Safety
- and the Animal Science Video Contest!

Register Here!



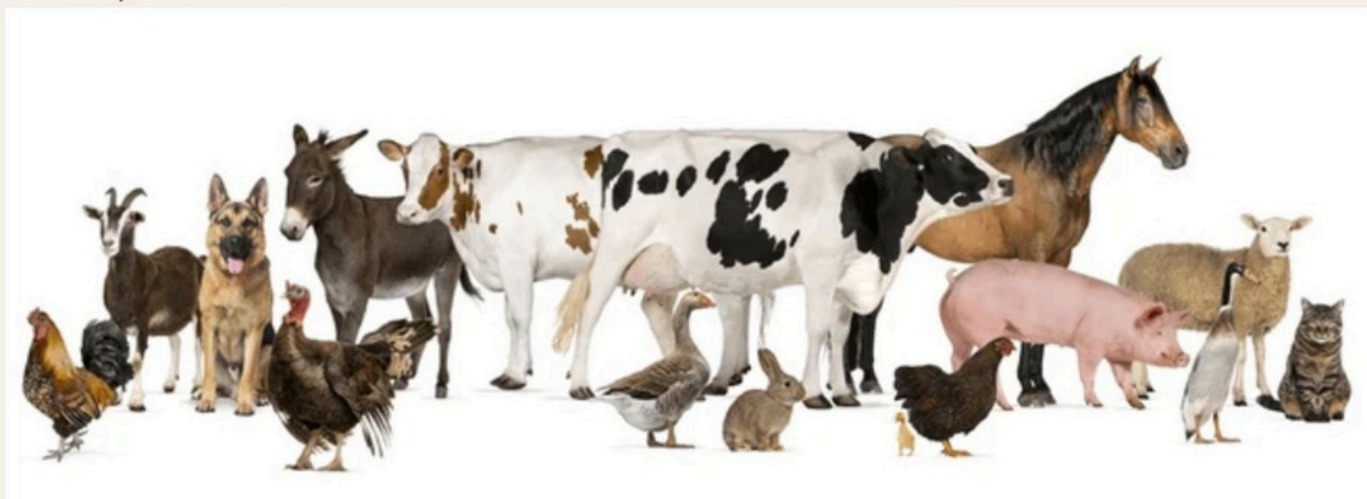
## WEBSITE:

<https://nj4h.rutgers.edu/smallanimals/junior-symposium/>

## ORGANIZED BY:

The New Jersey Department of Agriculture Junior Breeder Program, in cooperation with Rutgers Cooperative Extension faculty and staff.

Check out the  
Session list Here:



## SATURDAY, MARCH 28, 2026

**LOCATION:** ROUND BARN @ GEORGE H. COOK CAMPUS – RUTGERS UNIVERSITY

**TIME:** 8:30AM – 3:00 PM; YOUTH AND ADULTS; RAIN OR SHINE

**COST:** \$15 EACH YOUTH AND ADULT PARTICIPANT; CASH OR CHECK ACCEPTED

**REGISTER BY:** MARCH 14 2026

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**QUESTIONS? CONTACT:** AMELIA.MINERVINI@RUTGERS.EDU OR  
MB2173@NJAES.RUTGERS.EDU

# 2026 Statewide Golden Egg Contest

## May the best egg win!



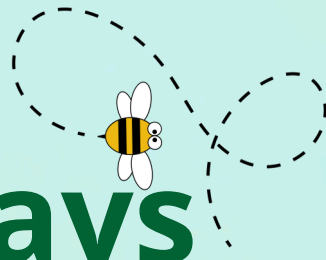
- Open to any registered 4-H member in NJ!
- Junior and Senior State Champion awards!
- Winners announced on the Rutgers 4-H website!
- All you have to do is pick your best 6 eggs and drop them off!

How to enter: Pre-enrollment is required and is open from March 30<sup>th</sup> until April 26<sup>th</sup>.



Entry guidelines can be found here:





# 4-H Ag- Venture Days

**March 31- April 2, 2026**

**8:30-4:30pm**



Join us for 3 full days of Spring Break. Engage in agriculture workshops and farm tours!

Open to youth in grades 1st -5th



### Workshops Include:

- Gardening
- Hands-on with farm animals
- Agriculture Art
- Farm to Table Cooking
- Line Dancing
- and more!

### Farm Tours Include

Morganics Family Farm  
Hidden Spring Lavender & Alpaca Farm  
Abma Farms



**Register by March 20  
A New and Easy Way to Pay!**

\$199 non-4-H member  
\$189 4-H members  
Financial assistance provided upon request





## **Certified Pullorum Testing Classes for 2026 New Jersey Poultry Shows**

**Want to learn something new?  
If you own and show poultry or  
are a 4-H leader, FFA advisor or  
poultry club officer then consider  
being certified as a Pullorum tester  
for New Jersey. The state requires  
that all birds going to shows or  
fairs be tested for this disease.  
Only Certified Pullorum  
testers may perform these tests.  
Please come join us!!!**



**April 18, 2026 10:00 am - 2:00 pm  
Assunpink Wildlife Center  
1 Eldridge Road Upper Freehold, NJ  
Directions can be found at link below:**

**<https://dep.nj.gov/wp-content/uploads/otpla/pla-documents/2023-farm-postings/directions-to-assunpink-wildlife-conservation-center.pdf>**

**PLEASE REGISTER BY APRIL 17, 2026  
Class is free to previous certified testers  
Charge of \$3.00 for manual applied to new tester  
Fee applies to purchase of material (antigen) for testing**

**To register contact:**

**Lisa de Lambert  
New Jersey Department of Agriculture  
Division of Animal Health  
609-671-6400  
or  
[lisa.delambert@ag.nj.gov](mailto:lisa.delambert@ag.nj.gov)**



**You must sign up in order to attend the class. Participant must be at least  
18 years of age to participate.**

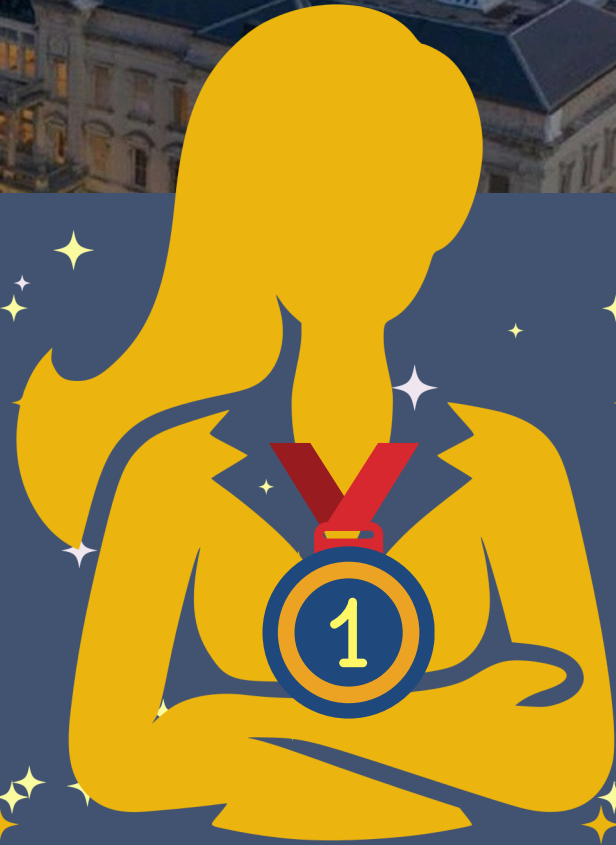


We **R**4-H 

**SAVE THE DATE**

**LEGISLATIVE  
LEADERSHIP  
EXPERIENCE**

**April 30, 2026**



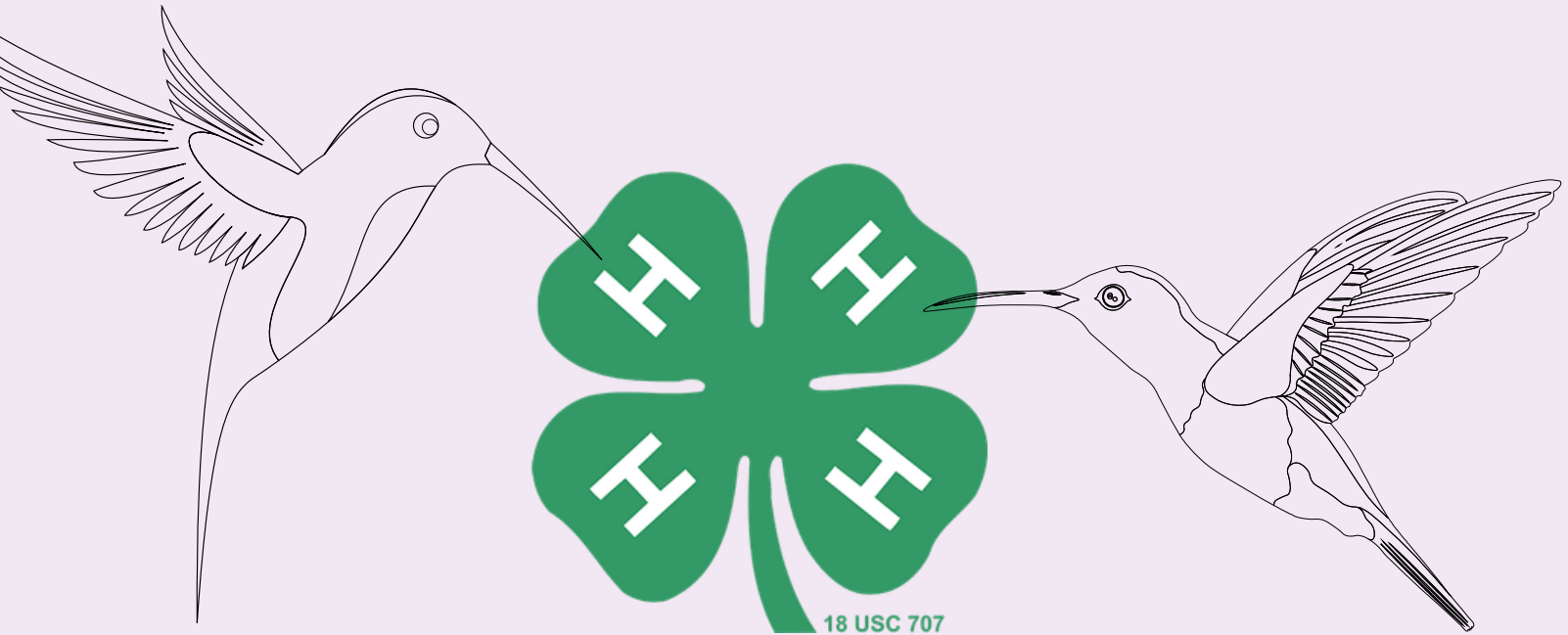


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**Cooperative Extension**  
New Jersey Agricultural Experiment Station

# 2026 NJ State 4-H Avian Bowl

Saturday, May 16, 2026

Senior Center in Flemington 4 Gauntt  
Place, Flemington, NJ, 08822



<b>Registration/Check-in</b>	<b>10:00 am</b>
<b>Introductions</b>	<b>10:30 am</b>
<b>Competition Begins</b>	<b>10:45 am</b>

**REGISTRATION DEADLINE: April 25, 2026**

Cooperating Agencies: Rutgers, The State University of New Jersey, U.S. Department of Agriculture, and Boards of County Commissioners. Rutgers Cooperative Extension, a unit of the Rutgers New Jersey Agricultural Experiment Station, is an equal opportunity program provider and employer. Contact your local Extension Office for information regarding special needs or accommodations. Contact the State Extension Directors Office if you have concerns related to discrimination 848-932-3703.



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4-H Youth Development  
New Jersey Agricultural Experiment Station



## Check out this podcast for 4-H VOLUNTEERS:



This podcast explores the fun, but sometimes confusing role of the 4-H volunteer. Each episode examines a specific aspect or challenge volunteers face and offers best practices to improve the experience. New episodes are released every other Wednesday.

### Previous Episode Topics Include:

- 4-H Thriving Model
- Healthy Competition
- 4-H Club Business Meetings
- 4-H Thriving Model
- Healthy Competition
- The Power of Saying "Yes"
- Balancing the Volunteer Life
- Community Service vs. Service Learning
- Surviving Fair Season
- Supporting Youth with Special Needs
- Working with Teen Leaders
- Measuring a Successful 4-H Club
- All About 4-H Camp
- Ages and Stages of 4-H Youth

LISTEN NOW:



SHOW LINK: <https://go.rutgers.edu/awotzzkr>  
FACEBOOK PAGE: <https://go.rutgers.edu/v1zxgnk>



# WOODBINE FAMILY FOOD PACK PROGRAM

# FOOD PICK UP

**FRESH FRUITS AND VEGETABLES**



**5PM - 6PM PICK-UP TIME**  
**IF THE EVENING DOESN'T WORK PLEASE**  
**REACH OUT VIA PHONE OR EMAIL TO DISCUSS**  
**EARLIER PICK UP**

**March 4th**

**WOODBINE COMMUNITY CENTER**  
**812 LONGFELLOW STREET, WOODBINE, NJ 08270**

**AVAILABLE TO WOODBINE FAMILIES WITH CHILDREN UP TO 18 YEARS OLD**  
**NO SIGN-UP OR REGISTRATION REQUIRED, WHILE SUPPLIES LAST**

**FOR MORE INFORMATION CONTACT RACHEL OR**  
**MARQUISE AT**



**(609) 435-3181**  
**(609) 435-3111**




**RACHEL@CAPEASSIST.ORG**  
**MARQUISE@CAPEASSIST**  
**.ORG**






Rutgers Southern Regional Child Care  
Resource and Referral Agency


# Parent Cafe Support Group




March 18th  
1p-2:30p  
Court House Library  
"Parental Resilience"



June 3rd  
1p-2:30p  
Upper Cape Library  
"Social Connections"



September 9th  
1p-2:30p  
Lower Cape Library  
"Knowledge of Parenting  
& Child Development"



December 2nd  
1p-2:30p  
Wildwood Crest Library  
"Concrete Support in  
Times of Need"



Cape May County  
Library System



Adult Events Department  
609-463-6350 ext. 700  
adultevents@cmclibrary.org



# PATHFINDERS CAREER EXPO

Interested in exploring alternative career paths?  
If so, join us for an informational, networking event to expand your career opportunities!

**OPEN TO HIGH SCHOOL STUDENTS  
AND YOUNG ADULTS**



**FRIDAY  
MARCH 27, 2026**



**TIME  
9:00 AM – 1:00 PM**



**Atlantic Cape Community College**  
341 Court House South Dennis Rd,  
Cape May Court House



(609) 244-9880



[nj4s\\_CapeAtlantic](#)



[facebook.com/nj4scapeatlantic](#)



[NJ4SCapeAtlantic.org](#)

**REGISTER NOW**



**WALK-INS WELCOME!**



**8-WEEK  
MENTORSHIP  
PROGRAM!**

NJ Audubon's Nature Center of Cape May  
**Nature Camp**

**COUNSELOR-IN-TRAINING  
LEADERSHIP PROGRAM**

*Enjoy spending time outdoors and working with children? Want to learn more about marine and environmental science? Becoming a Nature Camp Counselor-in-Training (CIT) may be a good fit for you! Activities include assisting with summer children's classes, outdoor activities like kayaking, animal care, and so much more. Nature Center staff will guide CITs through leadership development, community building, and teach successful work habits.*



**Register Now!**



*Held at the Nature Center of Cape May (1600 Delaware Avenue, Cape May, NJ), this 8-week program fosters leadership and learning for students ages 13-15. Scan the QR code for more information. Contact the Nature Center of Cape May at 609-427-3045 or at [nccm@njudubon.org](mailto:nccm@njudubon.org).*

**Outdoor Activities • Leadership Development • Natural Science Exploration**



# TEEN DATING: 5 TIPS ON ENDING A TOXIC RELATIONSHIP



## ACKNOWLEDGE THE PROBLEM:

The first step is recognizing and admitting that the relationship is unhealthy. This can involve reflecting on how the relationship makes you feel and identifying patterns of manipulation, disrespect, or control. Trust your instincts if something feels wrong.

## SEEK SUPPORT:

Talk to someone you trust, such as a close friend, family member, or school counselor, about your situation. Having a supportive network can provide emotional strength and practical advice. It's essential to have people who can offer perspective and encouragement.



## PLAN YOUR EXIT:

Before ending the relationship, plan how you will do it safely and effectively. Consider the timing and setting for the conversation. If you're worried about your safety, think about having the conversation in a public place or with a trusted person nearby.

## COMMUNICATE CLEARLY:

When you decide to end the relationship, be clear and direct about your decision. It's okay to express your feelings, but try to avoid getting drawn into arguments or justifications. Focus on your need to move on and make it clear that your decision is final.



## PRIORITIZE SELF-CARE:

After ending the relationship, focus on healing and taking care of yourself. Engage in activities that make you happy and boost your self-esteem. Surround yourself with positive influences and give yourself time to process and heal from the experience.



# TEEN DATING RED FLAGS



**RED FLAG:**  
Constant belittling or putting down.

**RED FLAG:**  
Ignores or uses silent treatment.



**RED FLAG:**  
Blames their partner, no matter the situation.

**RED FLAG:**  
Controls partner's behavior & time spent with others.



## WHERE TO GO FOR HELP:

NJ DOMESTIC  
VIOLENCE HOTLINE  
1 (800) 572 - SAFE (7233)  
24 hours a day  
7 days a week

CRISIS TEXT LINE  
Text NJ to 741741  
24 hours a day  
7 days a week

2ND FLOOR  
YOUTH HELPLINE  
1 (888) 222-2228  
24 hours a day  
7 days a week